

WORKPLACE HEALTH ANNOUNCES A NEW WELLNESS INCENTIVE
(Effective September 15, 2009)

Workplace Health, Corporate Human Resources would like to announce a Wellness Incentive offered by the City of Edmonton to employees of businesses in Edmonton. The City of Edmonton Corporate Wellness Program provides Edmonton area employers with **admission incentives** for their employees to utilize the sports and recreation facilities.

This incentive offers employees of participating companies a 20% discount on Adult and Family Annual Passes at no cost to the employer.

What this means is, as an employee of the GoA, you are entitled to receive a 20% discount on adult and family annual passes, and 15% off of the already discounted (by 10%) multi-admission passes, to sports and recreation facilities throughout Edmonton. (Acceptable proof of employment required - current government ID or letter of employment.)

Admission fees will vary depending on whether employees choose a Tier 1, 2, or 3 pass. A breakdown of the Facilities comprising each tier and the corresponding admission rates can be found in the link to the City of Edmonton Corporate Wellness Program.

At the time of purchase, GoA employees will be required to read and sign a Terms and Conditions of Participation Agreement and provide proof of current employment with GoA, prior to being issued a discounted admission pass.

Should other cities/communities in Alberta adopt a similar program with employers in their own communities, CHR WPH will review those programs for consideration as well, as they are made known to WPH.

You will find more information on the City of Edmonton Corporate Wellness Program and a listing of facilities and amenities at the following website:

http://www.edmonton.ca/attractions_recreation/sport_recreation/corporate-wellness-program.aspx



CITY OF EDMONTON CORPORATE WELLNESS PROGRAM

CORPORATE WELLNESS HAS ITS BENEFITS!

- Physically active employees are happy, healthy employees with above average attendance records. An investment in the health of your staff is an investment in your company's productivity.
- The City of Edmonton's Corporate Wellness Program provides employees (and their immediate family members living in the same household) of participating companies with discounts on admissions to City operated sports and fitness centres.

HOW THE PROGRAM WORKS

There is no cost to join the City of Edmonton's Corporate Wellness Program. To inquire about registering your company, please call 780-944-7572.

Once your company has signed on with the Corporate Wellness Program, enjoying discounted admissions is simple... Advise our cashier you are an employee of a Corporate Wellness Program participating company; present proof of employment (e.g employee photo identification or letter of Employment) and choose from the following Corporate Wellness Products:

- Annual Pass – Participating companies receive a 20% discount on Adult and Family Annual Passes.
- Continuous Monthly Pass – Participating companies enjoy a 20% discount off the Continuous Monthly Membership Program using our convenient Per-Authourized Debit Program.
- Multi Admission Pass – Participating companies receive a 15% discount on our already discounted multi admission pass (5+ visits).

Employees who purchase the above passes will be issued a photo access card which is to be swiped at each admission.

WHY CHOOSE THE CITY OF EDMONTON?

- The City of Edmonton is committed to building a healthy Edmonton workforce by providing Edmonton area employers with admission incentives for their employees – and their spouses - to enjoy our popular collection of sports and recreation facilities.
- Attractive admission discounts, convenient locations across the City, flexible payment plans, and professional staff combined with our world class facilities, equipment and programs are why many Edmonton employers choose the City of Edmonton as their fitness provider.

* Please note: Discounts are available on Bulk Single Admission purchases for Fitness Centres and Attractions including Fort Edmonton Park, Valley Zoo, and Muttart Conservatory

FACILITIES AND AMENITIES

Swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro-shops. Hours of operation from 5:30 am to midnight (hours vary according to facility). For more information please call 311 (if outside of Edmonton 780-442-5311).

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| <ul style="list-style-type: none"> ■ ACT Aquatic and Recreation Centre 2909 113 Avenue ■ Bonnie Doon Leisure Centre 8648 81 Street ■ Central Lions Seniors Centre 11113-113 Street ■ Confederation Leisure Centre 11204 43 Avenue ■ Eastglen Leisure Centre 11410 68 Street ■ Grand Trunk Fitness and Leisure Centre 13025 112 Street ■ Hardisty Fitness and Leisure Centre 10535 65 Street ■ Jasper Place Fitness and Leisure Centre 9200 163 Street ■ Kinsmen Sport Centre 9100 Walterdale Hill ■ Londonderry Fitness and Leisure Centre 14528 66 Street | <ul style="list-style-type: none"> ■ Mill Woods Recreation Centre 7207 28 Avenue ■ Commonwealth Community Recreation Centre 1100 Stadium Road (opening 2012) ■ O'Leary Fitness and Leisure Centre 8804 132 Avenue ■ Outdoor Pools (open during summer months) ■ Peter Hemingway Fitness and Leisure Centre 13808 111 Avenue ■ St. Francis Xavier Sports Centre 9240 163 Street ■ Terwillegar Community Recreation Centre 2051 Leger Road ■ Scona Pool 10450 72 Avenue |
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**TO DISCOVER HOW WE CAN ACTIVATE YOUR WORKPLACE,
CALL 780-944-7572 OR EMAIL: CORPSALES@EDMONTON.CA TODAY.**

FIT MORE IN!

The new City of Edmonton Membership Plan makes it even easier to get more recreation and fitness into your budget and busy life.

ACCESSIBILITY

- Access exciting facilities across the city, including the new Terwillegar Community Recreation Centre, the new St. Francis Xavier Sports Centre, and the new Queen Elizabeth Outdoor Pool.
- Enjoy state-of-the-art equipment and extensive amenities.
- Stay active with a wide range of popular drop-in fitness programs such as aquafit, strollercise, circuit training, spin bike, yoga, pilates, and now shinny hockey and skating.

FLEXIBILITY

- Choose a pass bundle that is right for you – “no frills,” “all access,” or something in between.
- Swim or work out as often as you want with single admissions, or multi, monthly or annual pass options.
- Visit neighbouring recreation facilities – included with various pass offerings.

AFFORDABILITY

- Take advantage of the lower cost for annual and monthly passes and get into an active lifestyle.
- Pay for Continuous Monthly Membership Passes with our convenient new automated monthly payment plan.
- Get free admission to recreation facilities through the Leisure Access Program for low-income Edmontonians.

NEW MEMBERSHIP PLAN 2012

		FACILITY	FACILITY PLUS	ALL FACILITY
FACILITIES	TERWILLEGAR COMMUNITY RECREATION CENTRE			•
	KINSMEN		•	•
	MILL WOODS		•	•
	COMMONWEALTH COMMUNITY RECREATION CENTRE		•	•
	ST. FRANCIS XAVIER	•	•	•
	A.C.T.	•	•	•
	LONDONDERRY	•	•	•
	EASTGLEN	•	•	•
	GRAND TRUNK	•	•	•
	O'LEARY	•	•	•
	PETER HEMINGWAY	•	•	•
	JASPER PLACE	•	•	•
	CONFEDERATION	•	•	•
	BONNIE DOON	•	•	•
	HARDISTY	•	•	•
	SCONA POOL	•	•	•
	CENTRAL LIONS RECREATION CENTRE	•	•	•
	OUTDOOR POOLS	•	•	•
	ACCESS TO FACILITY	•	•	•
	ACCESS TO LEADER-LEAD DROP-IN AQUATIC/DRYLAND PROGRAMS			•
ACCESS TO SHINNY HOCKEY PROGRAM			•	
FEATURES				

2012 Corporate Wellness Program Pricing	Regular Single Admission	Corporate Wellness Program Discount Multi (5 Visit min.)*	Regular Continuous Monthly Pass	Corporate Wellness Program Discount Continuous Monthly Pass	Regular Annual Pass	Corporate Wellness Program Discount Annual Pass*
Child All Facility Pass	\$6.50	\$5.00	\$35.60	\$28.50	\$386.00	\$308.80
Child Facility Plus Pass	\$5.70	\$4.40	\$34.10	\$27.30	\$373.00	\$298.40
Child Facility Pass	\$4.30	\$3.30	\$24.15	\$19.30	\$263.00	\$210.40
Youth/Senior All Facility Pass	\$8.25	\$6.40	\$45.20	\$36.20	\$490.00	\$392.00
Youth/Senior Facility Plus Pass	\$7.40	\$5.70	\$43.85	\$35.10	\$479.50	\$383.60
Youth/Senior Facility Pass	\$5.50	\$4.20	\$31.10	\$24.90	\$338.50	\$270.80
Adult All Facility Pass	\$10.50	\$8.00	\$57.25	\$45.80	\$624.00	\$499.20
Adult Facility Plus Pass	\$8.20	\$6.30	\$48.70	\$39.00	\$532.50	\$426.00
Adult Facility Pass	\$6.10	\$4.70	\$34.50	\$27.60	\$376.00	\$300.80
Family All Facility Pass	\$30.00	\$23.00	\$163.50	\$130.75	\$1782.00	\$1426.00
Family Facility Plus Pass	\$24.50	\$18.90	\$146.10	\$116.90	\$1597.50	\$1278.00
Family Facility Pass	\$18.25	\$14.00	\$103.50	\$82.80	\$1128.00	\$902.40

* Applies to new purchase only.